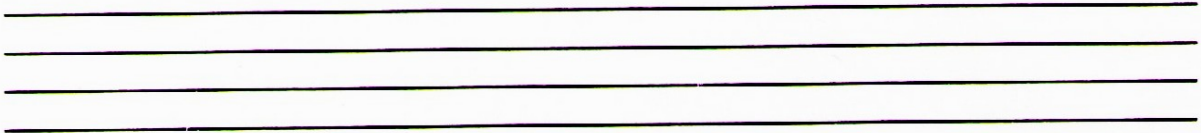


Coker Rehab Services

Home Program: Improving Writing Skills

Every day, get a tablet and go through the following sequence of exercises:

1. Draw lines from left side of sheet to right side of sheet. Do not worry about achieving perfection; the goal is for your hand to move smoothly from one side of the page to the other.



2. Make lines of circles, as shown below:



3. Make lines of humps, as below:



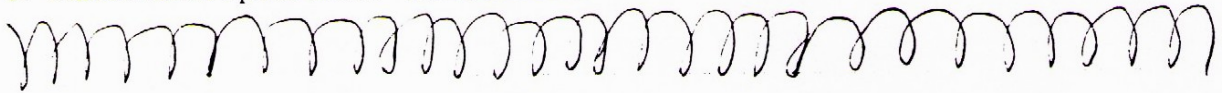
4. Make lines of uuuu's, as below:



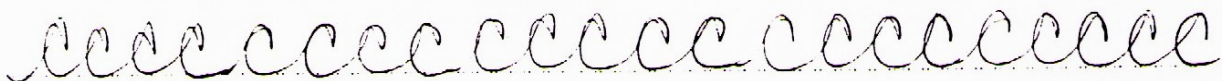
5. Make lines of llll's as below:



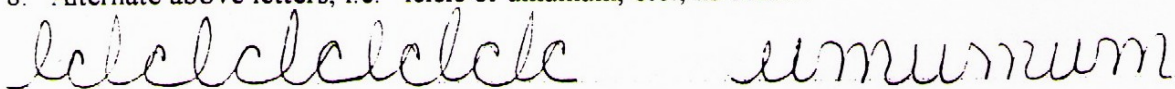
6. Make lines of upside-down llll's, as below:



7. Make lines of cccc's, as below:



8. Alternate above letters, i.e. lcclc or umumum, etc., as below:



Once you have mastered the above skills begin practicing writing short words, your name, your address, etc.

